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## CLAIMS

1. A shoe having a toe section and a heel section, characterised in that said heel section is at least partly detachable from said toe section.
- 5 2. A shoe as claimed in claim 1, wherein said heel section is totally detachable from said toe section.
3. A shoe as claimed in claim 1, wherein said heel section is partly detached from said toe section, such that it can be rotated transversely relative to a plane extending  
10 substantially vertically through a longitudinal direction of said shoe.
4. A shoe as claimed in claim 1, wherein said heel section is partly detached from said toe section, such that can be rotated transversely relative to a plane extending substantially horizontally through a longitudinal direction of said shoe.
- 15 5. A shoe as claimed in any one of claims 1 to 4, wherein said heel section is at least partly detached from said toe section by means of any one or combination of detachable fastening devices including, but not limited to, zippers, hook and loop fastening means (known as Velcro <sup>TM</sup>), tabs or overlays, press studs, buckles and laces.
- 20 6. A shoe as claimed in any one of claims 1 to 5, wherein said shoe is constructed of any one of combination of materials including, but not limited to leather, plastics, textiles, rubber and synthetics.
- 25 7. A shoe as claimed in any one of claims 1 to 6, wherein said shoe is used for one or combination of applications, including, but not limited to infants, small children, disabled or handicapped persons.
8. A shoe as claimed in any one of claims 1 to 7, wherein said shoe include any one or  
30 combinations of an arch support, insole support, and ankle support.

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9. A method of placing a shoe on the foot of a wearer, the shoe including a toe section, a heel section, and a fastening device for at least partially detaching said heel section from said toe section, the method including the steps of:
- unfastening the fastening device;
- 5 twisting the heel section of the shoe relative to the toe section;
- slipping the toes of the wearer into the toe section of the shoe;
- returning the heel section of the shoe about the heel of the wearer; and,
- fastening the fastening device.
- 10 10. A method as claimed in claim 9, wherein, in said twisting step, the heel section is twisted either or both of sideways or downwards relative to the toe section.
11. A method of taking a shoe off the foot of a wearer, where the steps of claim 9 are completed in reverse order.
- 15 12. A shoe, substantially as herein described with reference to the accompanying drawings.
13. A method of placing a shoe on the foot of a wearer, substantially as herein
- 20 described.
14. A method of taking a shoe off the foot of a wearer, substantially as herein described.

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